



GGC Barons Baseball

## Code of Conduct/Team Rules

### Players

1. **No use of tobacco, alcohol, or illegal drugs. This includes vape products.**
2. **No foul/crude language, actions or photos.** This includes Snapchat, Instagram, Facebook, email, text or other form of electronic communication.
3. **Respect your Coaches.** Insubordination of any type will not be permitted.
4. **Must be on time to practices and games.** If a player is going to be late to a game or practice, it is the player's responsibility to notify the Coaches and Baseball Director as soon as possible. Although TeamSnap is a great tool for tracking player availability, please also notify the Coaches and Baseball Director if there is a change in availability the day of a game or practice.
5. **No displays of temper during practices or games.** Frustration is a normal reaction to disappointment from a lack of success – throwing a helmet, a bat, or a glove in anger will not be tolerated.
6. **No arguing calls made by umpires.** If a player is ejected from the game, he will be suspended for the next game. A second ejection from a game will result in the player being suspended for the next three games.
7. **Non-players are not allowed in or around the dugout.** This includes friends and family. The player's focus should be on the game and supporting his teammates.
8. **Dugouts must be left in good condition.** We are guests at the facilities we use and thus we will show proper respect by not leaving a mess.
9. **We win as team and we lose as team.** It is each player's responsibility to support his teammates and be there to pick up a teammate who has just made an error, struck out, made an out, etc. There is to be no blaming of individuals for a team loss.
10. **There is no guarantee of playing time.** Play is at the sole discretion of the Coach. If a player has questions about playing time, he is expected to set up a meeting with the Coach to discuss.
11. **There is to be no food in the dugout.** Unless there is a medical condition that dictates otherwise, it is the player's responsibility to be properly nourished prior to arriving for a game or practice. If there is an extenuating circumstance that arises and a player needs to eat, the player may eat a small snack (e.g., protein bar). It is not appropriate for a parent, sibling, or friend to bring the snack to the dugout; if a player needs a snack, it is his responsibility to excuse himself from the dugout and retrieve the snack. In general, it is a really bad idea to eat a large meal immediately prior to or during a game. A much smarter option is to have a protein bar or other healthy snack immediately prior to a game or, if needed, during a game. We do have several doubleheaders this year. Please plan ahead and have a healthy snack ready for between games (a Double Whopper, large fries, and a milkshake does not constitute a healthy snack).

Player Name (Print): \_\_\_\_\_

Player Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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### Parents

- 1. Unless asked by a Coach, no parents are allowed on the field or in or around the dugout.** As parents who homeschool our children, it is sometimes very difficult to relinquish control, even temporarily, of our child's development. Please respect the fact that during games and practices, your player is under the supervision, guidance, and mentoring of his Coaches. Talking to players in the dugout immediately prior to or during a game is not permitted.
- 2. Proper decorum is expected at games and practices.** Parent behavior that interferes with the Barons reputation will not be tolerated and could result in the immediate suspension of your player.
- 3. Never speak derogatively about another Barons player.** It is never appropriate to criticize another Barons player's performance, but especially not at a game or at a practice. We are a team based on Christian principles and we must strive to respect each other and treat each other how we would like to be treated.
- 4. There is no guarantee of playing time.** Play is at the sole discretion of the Coach. If you have questions about your player, he is expected to set up a meeting with his Coach to discuss. Do not approach a Coach or the Baseball Director during or after a game to discuss coaching decisions regarding playing time or strategy.
- 5. Please understand that your player will be expected to follow the Player's code of conduct.** Please encourage your player to strive to be his best. Please provide a stellar example for your player by striving to follow the Parents' Code of Conduct.

Player Name (Print): \_\_\_\_\_

Parent(s) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent(s) Signature: \_\_\_\_\_ Date: \_\_\_\_\_